

# SKILLS FOR CAREER SUCCESS

We surveyed past participants of Mitacs Step training and asked them what professional skills were most important for career success and about their experience with the workshops.

Project management 

Interpersonal skills 

Presentation skills 

Networking 

Time management 

Confidence 

Leadership 



Mitacs  
Step



90% 

of past participants of Step workshops would recommend them to others

84% 

continue to apply the skills and knowledge in a professional setting



79% 

said that their participation positively influenced their confidence and success in their current occupation, whether in academia, industry or entrepreneurship

75% 

agree that the knowledge and skills gained positioned them for career success

